

Adult Skating

Roller Skating Builds Strength And Increases Muscle Endurance



Tuesday Mornings

10am – 12:30pm

\$7.00

Includes Coffee and Donuts



Wednesday Evenings

9pm – 11:30pm

\$7.00 Admission

\$3.00 Skate Rental

Saturday Evenings

10:30pm – 12:30am

\$8.00 Admission

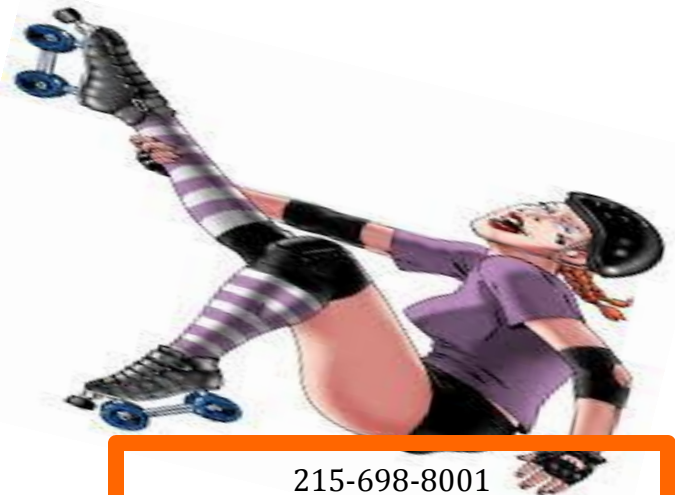
\$3.00 Skate Rental



Must be 18yrs. or older to enter



Roller Skating is recognized & Recommended by the American Heart Association (AHA) as an aerobic sport



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